



## Flip A Kipper In The Pan For A Festive Feast

Offer up a taste of the Orkneys on the breakfast plate this Christmas with Orkney Rose Kippers, now available from Direct Seafoods.

Recently voted the best kippers by the Observer Food Monthly, Orkney Rose Kippers are undyed and smoked over oak chips, with no added chemicals or preservatives. Not too salty, they let the true flavour shine through, and are great for the health conscious at the same time.

Unlike traditional flat-looking kippers, Orkney Rose Kippers are meaty, offering not only depth of flavour but also value for money. What's more, the lack of chemicals and preservatives eliminates the awkward 'repeating' often associated with eating smoked herring.

The average Orkney Rose Kipper size is between 230g and 270g, from sustainable herring stocks and vacuum packed to order. For best results, grill skin side down for a couple of minutes then flip and cook for a few more minutes the other way up for a cracking Christmas breakfast.

